

215 W. 2nd Street, P.O. Box 44, Wayne, NE 68787 | 402-375-5433

117 E. 28th Street, South Sioux City, NE 68776 | 402-494-7592 104 N. Broadway, Hartington, NE 68739 | 402-254-2553

# 24/7 Crisis Line 1-800-440-4633

### Winter 2022 Newsletter

Haven House is supported by the Wayne Community Chest



### Rotary Club Donates Kitchen Makeover

The Wayne Rotary Club donated \$3500 for Haven House to update one of their kitchens with new appliances. Bob Ensz worked with us on the project. The kitchen was equipped with a new refrigerator, stove and dishwasher. Staff members painted the cabinets blue and a new sink was installed. We are grateful that our clients will have access to these new appliances and enjoy the kitchen makeover. See page 2 for the before and after picture!

Pictured Above: Wayne Rotary Club, Barb Engebretsen, Bob Ensz, Bill Engebretsen, Haven House Executive Director, Debbie Goettsch, Board Members Dominic Consoli, Dr. Laura Dendinger, and DV/SA Supervisor Connie Reyes.

### February is Teen Dating Violence Awareness Month

## Talk About It

Teen dating violence is common. 1 in 11 female and 1 in 14 high school students have reported experiencing physical violence.26% of women and 15% of men who are victims of sexual assault, physical violence or stalking experienced these behaviors before they were 18.

Some teens are more at risk. LBGTQ+, Hispanic, Latinx, Afro-American and Indigenous youth are disproportionately affected by many types of dating violence. Unhealthy, abusive, or violent relationships can have short-and long-term negative effects, including severe consequences, on a developing teen. For example, youth who are victims of teen dating violence are more likely to experience depression or anxiety, engage in unhealthy behaviors like using drugs or alcohol. Rural youth may be more isolated but they still are at risk for teen dating violence.

Haven House wants to encourage young people and those who support them to talk about healthy relationships and navigate what may be unhealthy or even abusive. We have advocates who can present material about healthy relationships in a fun and interactive way to all audiences. Please give us a call if you'd like someone to visit your classroom, work or church. 402-375-5433

## Hartington Office Hours

Our Hartington office is staffed with an Advocate on Wednesdays from 8:30 -5PM and the first and third Friday of the month. We can answer questions and take donations. You can also call for an appointment 402-254-2443.

1. TDVAM, Rotary Club Donation

**Inside This Issue** 

2. Kitchen Makeover, Human Trafficking



## Human Trafficking Awareness in Nebraska

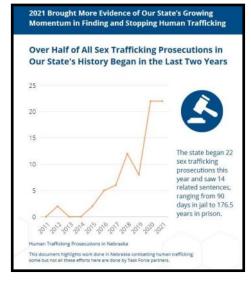
Human trafficking always involves a power imbalance or vulnerability created by economic or social disparities. Traffickers will target victims with vulnerabilities such as age, immigration status, lack of education or poverty. Most victims will have other trauma in their lives and traffickers are skilled manipulators. Recent events including the high-profile cases of Jeffery Epstein and Ghislaine Maxwell show us that not all traffickers are males.

In Nebraska, over 37 different cities and towns have had a preliminary investigation of human trafficking. Human trafficking is a crime that occurs just under the surface of society and is done in secret. The nature of the crime makes it difficult to identify traffickers and their victims. Traffickers use isolation and threatening tactics to keep victims from being able to leave. They may groom and convince victims that their relationship is normal and the victim has a choice. Traffickers may also threaten the victim's family.

The Nebraska Human Trafficking Task Force has trained over 6800 citizens on how to identify and report possible trafficking activity in 2021 and hopes to increase that number this year. At Haven House, our advocates continue to train and create awareness because trafficking has been reported in our 5-county service area. Questions? You can call us anytime at 1-800-440-4633 or check out the Nebraska Human Trafficking Trask Force website at <a href="https://www.ago.nebraska.gov">www.ago.nebraska.gov</a> for more information



#### Nation Human Trafficking Hotline 1 (888) 373-7888 OR TEXT 233733





#### Spring 2022 Interns Kecia Schenk



My name is Kecia Schenk. I am a senior at Wayne State. My major is human services counseling, and my minor is in criminal justice. I look forward to getting more experience in the areas of domestic violence and assault. I am hoping to helping the community throughout this internship.



Hello, my name is Elissa Calpin. I am a Senior at Wayne State College studying criminal justice and psychology with a minor in sociology. I will be graduating this May! I hope to gain experience during my internship with Haven House that will allow me to put everything I have learned at Wayne State into real-life situations to help people.







#### **Professional Development**

Maddie Walker, Human Trafficking Program Coordinator and Chelsea Egenbergert, Community Engagement Coordinator, from the Nebraska State Coalition to End Sexual and Domestic Violence visited our offices in early December. Haven House advocates got to discuss a wide variety of topics and learn how the Coalition can help us with our mission to help all of our clients live violence free lives. All staff were also able to attend a training on Child Abuse Prevention Workshop/ Mandatory Reporting in Winnebago together.





### Shop Amazon Smile and Help Haven House

It's important to shop local but when we can't find what we need, we'll often turn to Amazon. If you use Amazon Smile you can help raise money for Haven House! Each order you make can contribute up to .05% of your eligible purchases to Haven House. It's very easy to set up.

 Use your Amazon log in and log onto smile.amazon.com.

O A https://smile.amazon.com

 Go to your account information to select your charity. Put Haven House Family Services Wayne, Nebraska.



 Look in the upper left hand corner of your app or browser and it should look like this.



 You can check your impact on Haven House. These four orders allowed \$22.28 to be donated to Haven House. All you need to do is shop. We receive a check from Amazon. Questions? Give us a call. 402-375-5433



Your AmazonSmile Impact

Debbie Goettsch	Executive Director
Connie Reyes	DV/SA Supervisor
Tamara Torres	Bilingual Advocate
Kayla Johnson	Shelter Advocate
Julieta Garcilazo	Enhanced Services Advocate
Amber Bruegman	Shelter Advocate
Maureen Carrigg	Outreach Coordinator
Kecia Schenk, Elissa Caplin	Interns



NONPROFIT ORGANIZATION U.S. POSTAGE PAID PERMIT NO. 44

Domestic Violence & Sexual Assault Support Group



Free & Confidential Childcare provided Every Tuesday 4:00-4:45PM

For more information Call (402)-375-5433

Or email hh@havenhousefsc.org

Violencia Domestica & Agresion Sexual

## Grupos de Apoyo

Gratis & Confidencial Cuidaremos a sus Hijos

### Cada Martes 4:00-4:45

Para mas información

Llama a (402)-375-5433

O mandanos un correo electrónico a hh@havenhousefsc.org



#### START RELATING BEFORE THEY ARE DATING!

Talk to your tween 10-12 year olds about how they can have healthy relationships. It's important to be open and honest with tweens about respect, peer pressure and personal boundaries.

## BE CLEAR ABOUT YOUR EXPECTATIONS.

Make sure young teens know how you feel about disrespect, use of abusive or inappropriate language, controlling behavior, or any forms of violence.

#### TEACHABLE MEDIA MOMENTS

Use TV episodes, movies, music lyrics, news, social media or the experiences of friends to discuss healthy and unhealthy relationships with your teen.

Loveisrespect.org for more tips



#### Support Services for Domestic Violence and Sexual Assault

215 W. 2nd St PO Box 44 Wayne, NE 68787 402-375-5433 117 W. 28th Street South Sioux City, NE 68776 402-494-7592

104 N. Broadway Hartington, NE 68739

#### Crisis Line 1-800-440-4633

## WISH LIST

#### We appreciate your donation. Due to limited storage, please call before donating any items not on the wish list.

We recycle cellphones to assist with client needs!	
Laundry Detergent	Gas Cards (Hy-Vee/Casey's)
Trash Bags	Gift Cards (Hy-vee, Walmart, Local)
Toilet Paper	Non-Perishable Food Items
Curtains	Small Appliances (Toasters, Blenders, Crockpots, Air Fryers)
Cleaning Supplies	Health & Beauty Items
Dishwashing Detergent	Hand Sanitizing Wipes
New Socks	New Women's Underwear (All Sizes)
Bath Towels	Wash Cloths

Adult, Infant, & Children's Headache, Stomach, Cold & Flu Medications

# \*At this time we are not accepting clothing , stuffed animals, baby clothes & items, or blankets/sheets.

hh@havenhousefsc.org
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www.havenhousefsc.org

#### HAVEN HOUSE DONATION FORM

Name:	Home Phone:	
Address:	Work Phone:	
City/State:	Zip Code:	
Email:		
Your gift of \$25 provides one night of safe shelter for an adult & a child. How many nights can you provide?		
\$1000\$500\$250\$	\$100\$50\$25Other \$	
This gift is in honor of or in memory of		
May we list your name in the newsletter for donor recognition?YESNO		



<u>Individual</u>

**Don & Sharon Prenger Dwayne & Marietta Freeman** Lyle & Linda Boeckenauer **Haley Christensen** Carol Mosley **Fredrick Sebade Connie Hassler** Jennifer Nguyen **Karen Leise Connie Webber Reid & Erica Ferguson** Bill Koeber Jr. **Brad & Joyce Hoskins Pastor Jim Spurt** Jennifer Heine **Diane Rose Beverly K. Hubbard Clarice A. Johnson** Lisa & Gary Kruse Laura Dendinger Ken Marra Leon May

In Honor of Miranda Long

Lee Gerken In Memory of Robert Gerken

Ardyce Johnson In Loving Memory of Ardyce Johnson

Karen A. Marra In Loving Memory of Jean Christensen

**Patricia Meierhenry** In Honor of Dennis Lipp & Hallie Sherry

> Jim Olander In Memory of Therese Olander

Roger & Barbara Meyer In Memory of Daryl Wilcox

#### **Individual**

**Robert L. & Mary Dickey Bryan & Sheryl Grone** Charles R. Maier Jane M & Kraig Dolph Kenneth Loberg & Jean Harrold-Loberg **Gina Driver** Mr. & Mrs. Vernon Hartung Teresa L Bartlett Mary Kneifl **Brett & Renae Maniquist** Patrick L & Amy M Riesberg **Helen Stout David & Suzanne Olson Angela Niles** Lyle & Linda Boeckenhauer **Fredrick Sebade** Dennis & Gerelda Lipp Phyllis C & Kenneth W. Meier David Ley Ronald H. & Diane I. Gentrup Darrel & Cindy Uthof Susan Koranda June & Richards Bowers **Miron & Louise Jenness Debra Hansen Bev Hansen** Pamela Howell Mark & Polly Peterson Wilma Moore Jeff Arens Linda Fox **Bart and Terri Gotch Organizations** St. Luke WELCA **United Church of Pender** 

United Church of Pender Burnell's Foodtown Inc Christian Church Wakefield Sports Club Motel Preceptor Delta Epsilon Trinity Lutheran WELCA Ameritas Life Insurance Corp. St. Mary's Catholic Church

#### **Organizations**

St. Rose Council of Catholic Women Salem Lutheran Church Wakefield Theta Phi Alpa **Midwest Land Company** Northeast Nebraska Public Power District **First United Methodist Church - Allen** North Central Builders Wakefield Dental Practice **Holy Trinity Catholic Church** St. Michaels Church-Coleridge **Elkhorn Valley Bank United Methodist Church - Allen Trinity Women of the ELCA United Methodist Women** Great Dane Christensen Well & Irrigation Inc. **Bank of Dixon County** Michael Foods Wattier's True Value Wakefield Christian Church United Methodist Church – Walthill **Art Kathol Appliance Inc** All Saints Church of Northeast NE **First Lutheran Church Concordia Lutheran Church Folkers Bros Garage United Methodist Church – Ponca Grace Lutheran Ladies Aid** Wakefield Christian Church **Runza Restaurant** Timberlyne First Lutheran/Abundant New Life Church **Quality Foods** 

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